## A multiple process latent transition model of poverty and health

## Amanda Sacker asacker@essex.ac.uk

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## Overview

- Background
- Introduction to the MPLTM
- Data

■ Model development

- Results
- Summary


## Background

- The association between health and socio-economic position is well established but remains poorly understood
- Epidemiologists: disadvantage "causes" ill health
- Economists: poor health increases the risk of poverty
- But both acknowledge that reverse causation a possibility
- And equally plausible that disadvantage undermines recovery from ill health or that health related benefits lift people out of poverty


# Multiple process latent transition analysis (MPLTA) 

- For fitting models where there are two sequences of latent states
- Interested in the relationship between the sequences over time
- Does latent state in process A predict latent state in process $B$ ?
- Does change in process A predict change in process B ?


## The single process latent transition model



## A simple LTA model




## The multiple process latent transition model

$$
P\left(y_{i}\right)=\sum_{c_{1}=1}^{C_{1}} \sum_{d_{1}=1}^{D_{1}} \ldots \ldots . \sum_{c_{T}=1}^{C_{T}} \sum_{d_{T}=1}^{D_{T}} P\left(c_{1}, \ldots ., c_{T}, d_{1}, \ldots . d_{T}\right) P\left(y_{i} \mid c_{1}, \ldots ., c_{T}, d_{1}, \ldots ., d_{T}\right)
$$

where

$$
P\left(y_{i} \mid c_{1}, \ldots, c_{T}, d_{1}, \ldots, d_{T}\right)=\prod_{t=1}^{T} \prod_{j=1}^{J} P\left(y_{i t j} \mid c_{t}, d_{t}\right)
$$

and

$$
P\left(c_{1}, \ldots . ., c_{T}, d_{1}, \ldots . d_{T}\right)=P\left(c_{1}\right) P\left(d_{1} \mid c_{1}\right) \prod_{t=2}^{T} P\left(c_{t} \mid c_{t-1}, d_{t-1}\right) P\left(d_{t} \mid c_{t-1}, c_{t}, d_{t-1}\right)
$$

## The conditional MPLTM

$$
P\left(y_{i} \mid z_{i}\right)=\sum_{c_{i}=1}^{c_{1}} \sum_{d_{1}=1}^{D_{1}} \ldots \ldots . \sum_{c_{T}=1 d_{r}=1}^{c_{r}} \sum_{1}^{D_{r}} P\left(c_{1}, \ldots \ldots, c_{T}, d_{1}, \ldots . d_{T} \mid z_{i}\right) P\left(y_{i} \mid c_{1}, \ldots, c_{T}, d_{1}, \ldots ., d_{T}, z_{i}\right)
$$

where

$$
P\left(y_{i} \mid c_{1}, \ldots, c_{T}, d_{1}, \ldots, d_{T}, z_{i}\right)=\prod_{t=1}^{T} \prod_{j=1}^{J} P\left(y_{i j} \mid c_{t}, d_{t}, z_{i t}\right)
$$

and
$P\left(c_{1}, \ldots ., c_{T}, d_{1}, \ldots, d_{T}, z_{i}\right)=P\left(c_{1} \mid z_{i 1}\right) P\left(d_{1} \mid c_{1}, z_{i l}\right) \prod_{t=2}^{T} P\left(c_{t} \mid c_{t-1}, d_{t-1}, z_{i i}\right) P\left(d_{t} \mid c_{t-1}, c_{t}, d_{t-1}, z_{i i}\right)$

## Methods

- British Household Panel Study
$\square$ Six waves data (1991, 1994, 1997, 2000, 2003, 2006)
- Analyses restricted to adults of working age and followedup to 2007 ( $\mathrm{N}=2344$ )
- Self-rated health
$\square$ "Please think back over the last 12 months about how your health has been. Compared to people of your own age, would you say that your health has on the whole been excellent, good, fair, poor, very poor, don't know?"
- Poverty defined as adjusted annual HH income below $60 \%$ of national median for that year
- Covariates
$\square$ Age in 1991, gender, number of weeks worked in previous year


## Distribution of observed variables $(\mathrm{N}=2344)$

| Year | 1991 | 1994 | 1997 | 2000 | 2003 | 2006 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Mean age | 33.2 | 36.2 | 39.2 | 42.2 | 45.2 | 48.2 |
| Females | 49.2 | 49.2 | 49.2 | 49.2 | 49.2 | 49.2 |
| Employment in previous year |  |  |  |  |  |  |
| 0 weeks | 13.8 | 15.7 | 14.7 | 15.0 | 16.0 | 17.6 |
| 0< wks<52 | 12.2 | 10.4 | 8.1 | 6.5 | 7.3 | 6.8 |
| $\geq 52$ weeks | 74.0 | 73.9 | 77.2 | 78.6 | 76.7 | 75.6 |
| Self-rated health |  |  |  |  |  |  |
| Excellent | 33.2 | 25.6 | 28.0 | 23.7 | 22.7 | 23.2 |
| Good | 46.9 | 50.2 | 46.3 | 49.3 | 48.4 | 49.0 |
| Fair | 14.6 | 18.1 | 18.6 | 19.2 | 20.6 | 19.2 |
| Poor | 4.3 | 5.1 | 5.3 | 6.1 | 6.7 | 6.5 |
| Very poor | 1.0 | 1.0 | 1.8 | 1.8 | 1.7 | 2.1 |
| Poverty status |  |  |  |  |  |  |
| Non poor | 84.3 | 85.4 | 85.1 | 87.0 | 87.4 | 86.8 |
| Poor | 15.7 | 14.6 | 14.9 | 13.0 | 12.6 | 13.2 |

## Model development

## Health and poverty processes

- Health
$\square$ Previous work shown that self-rated health can be represented by two latent classes of good and poor health with a first order latent transition process
$\square$ Tested 2 models
- M1a: Free transition probabilities
- M1b: Equal transition probabilities
- Poverty
$\square$ Similarly, two latent poverty classes with a first order transition process
$\square$ Tested 2 models
- M2a: Free transition probabilities
- M2b: Equal transition probabilities


## Equal transition probabilities



## Single process model fit

Model comparison BIC $\Delta \chi^{2} \quad \Delta \mathrm{df} \quad \mathrm{p} \quad$ comment

| Free transition <br> probabilities | 9294 | Ref |  | Equal transitions <br> model more |  |
| :--- | :---: | :---: | :---: | :---: | :--- |
| Equal transition <br> probabilities | 9250 | 12.07 | 8 | 0.15 | parsimonious, no <br> loss of fit |
| Health single process model |  |  |  |  |  |
| Free transition <br> probabilities | 31961 | Ref |  | Equal transitions <br> model more |  |
| Equal transition <br> probabilities | 31922 | 16.53 | 8 | 0.04 | parsimonious, <br> marginal loss of fit |

## Nested series of MPLTA models

M3a Independence model:

$$
P\left(c_{t} \mid c_{t-1}\right) P\left(d_{t} \mid, d_{t-1}\right)
$$

M3b Cross-sectional model:

$$
M 3 a+P\left(d_{1} \mid c_{1}\right)
$$

M3c Unidirectional longitudinal model:

$$
M 3 b+P\left(c_{t} \mid c_{t-1}, d_{t-1}\right)
$$

M3d Bidirectional longitudinal model:

$$
M 3 c+P\left(d_{t} \mid c_{t-1}, d_{t-1}\right)
$$

M3e Change model:

$$
M 3 d+P\left(d_{t} \mid c_{t-1}, c_{t-2}, d_{t-1}\right)
$$

## M3a: The independence model



## M3b The cross-sectional model



## M3c The unidirectional longitudinal model



## M3d The bidirectional longitudinal model



## M3e The change model



## Multiple process model fit

|  | BIC | $\Delta \chi^{2}$ | $\Delta d f$ | $p$ | Comment |
| :--- | :--- | :--- | :--- | :--- | :--- |
| M3a | 41180 | 40.57 | 5 | $<0.00005$ | Model M3d <br> selected by both <br> M3b 41131 |
| BIC and $\chi^{2}$ |  |  |  |  |  |

## Conditional MPLTA

- Covariate effects

口On wave 1 latent states
$\square$ On changes in latent states

- Time invariant covariates
$\square$ Age in 1991 and gender
- Time varying covariate
$\square$ Number of weeks worked in previous year


## Conditional model



Nested series of models testing gender effects

- M4a: model 3d plus health \& poverty independent of gender at all waves
- M4b: model 4a plus gender effect on baseline health and poverty only
- M4c: model 4b plus gender effect on all poverty states
■ M4d: model 4c plus gender effect on all health states


## MPLTM plus gender model fit

|  | BIC | $\Delta \chi^{2}$ | $\Delta d f$ | $p$ | Comment |
| :--- | :--- | :--- | :--- | :--- | :--- |
| M4a | 41088 | 45.32 | 4 | $<0.00005$ | Model M4c <br> selected as most <br> parsimonious <br> well-fitting model |
| M4b | 41065 | 10.01 | 2 | 0.007 |  |
| M4c | 41066 | 2.45 | 2 | 0.18 |  |
| M4d | 41072 | Ref |  |  |  |

## Nested series of models testing cohort effects

- M5a: model 3d plus health \& poverty independent of age in 1991
- M5b: model 5a plus age effect on baseline health and poverty
- M5c: model 5b plus quadratic effect on baseline health
- M5d: model 5c plus quadratic effect on baseline poverty
- M5e: model 5d plus age in 1991 on 1994-2006 health
- M5f : model 5e plus age in 1991 on 1994-2006 poverty
- M5g: model 5f plus quadratic effect on 1994-2006 health
- M5h: model 5 g plus quadratic effect on 1994-2006 poverty


## Summary of cohort effects

- Age in 1991 has
$\square$ linear effect on baseline poverty
$\square$ quadratic effect on baseline health
$\square$ no effect on changes in poverty or health once baseline relationships were taken into account


## Nested series of models testing employment effects

- M6a: model 3d plus health \& poverty independent of weeks worked
- M6b: model 6a plus employment on poverty at each wave
■ M6c: model 6b plus employment on health at each wave


## MPLTM plus employment model fit

|  | BIC | $\Delta \chi^{2}$ | $\Delta \mathrm{df}$ | p | Comment |
| :---: | :---: | :---: | :---: | :---: | :--- |
| M6a | 39807 | 3091 | 4 | $<0.00005$ | Model M6c <br> selected as most |
| M6b | 38800 | 150 | 2 | $<0.00005$ | parsimonious <br> well-fitting model |
| M6c | 38770 | Ref |  |  |  |

## Final step

- Check that covariates had unique effects on health and poverty states
- Found that all three covariates contributed independently to health and poverty over time


## Substantive results

- Measurement model

■ Structural model

- Covariate effects


## Unconditional measurement model:

## poverty

## Observed poverty

Poor Non poor

| Latent | Poor | 0.746 | 0.019 |
| :--- | :--- | :---: | :---: |
| poverty |  | $(0.030)$ | $(0.004)$ |
|  | Non | 0.254 | 0.981 |
|  | poor | $(0.030)$ | $(0.004)$ |

## Unconditional measurement model:

## health

## Observed health

## Excellent <br> Good <br> Fair <br> Poor <br> Very poor

Latent
health

| Good | 0.451 | 0.511 | 0.034 | 0.005 | 0.000 |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | $(0.065)$ | $(0.055)$ | $(0.011)$ | $(0.001)$ | $(0.000)$ |
| Poor | 0.019 | 0.449 | 0.374 | 0.123 | 0.035 |
|  | $(0.007)$ | $(0.081)$ | $(0.054)$ | $(0.025)$ | $(0.008)$ |
|  |  |  |  |  |  |

## Structural model: baseline probabilities conditional on age \& gender

|  | Good health | Poor health |
| :--- | :---: | :---: |
|  | 0.65 | 0.35 |
|  | $(0.07)$ | $(0.08)$ |
| Non poor | 0.86 | 0.72 |
|  | $(0.01)$ | $(0.04)$ |
| Poor | 0.14 | 0.29 |
|  | $(0.01)$ | $(0.04)$ |

* Probabilities for a man aged 35 at baseline


## Structural model: poverty transitions

 conditional on age \& gender|  |  | Time t |  |
| :--- | :---: | :---: | :---: |
| Time t-1 |  | Non poor | Poor |
| Non | Good health | 0.97 | 0.03 |
| poor |  | $(0.01)$ | $(0.01)$ |
|  | Poor health | 0.96 | 0.04 |
|  |  | $(0.01)$ | $(0.01)$ |
| Poor | Good health | 0.26 | 0.74 |
|  |  | $(0.03)$ | $(0.03)$ |
|  | Poor health | 0.19 | 0.81 |
|  |  | $(0.02)$ | $(0.02)$ |

## Structural model: health transitions conditional on age \& gender



## Time t-1

Good Non poor

Good health
Poor health

Pealth

| 0.93 | 0.07 |
| :---: | :---: |
| $(0.02)$ | $(0.02)$ |
| 0.86 | 0.15 |
| $(0.04)$ | $(0.04)$ |
| 0.03 | 0.97 |
| $(0.01)$ | $(0.01)$ |
| 0.01 | 0.99 |
| $(0.01)$ | $(0.01)$ |

## Covariate effects: regression of health and poverty on covariates

## Logit(se) OR Logit(se) OR

Poor health ( $\mathrm{t}=1$ )
on gender
on cohort
on cohort squared
on weeks employed
Poor health ( $\mathrm{t}>1$ )
on cohort
on weeks employed
Poverty ( $\mathrm{t}=1$ )

| on gender | $0.56(0.14)$ | 1.75 | $-0.11(0.14)$ | 0.90 |
| :--- | ---: | :--- | :--- | :--- |
| on cohort | $-0.20(0.10)$ | 0.75 | $-0.06(0.10)$ | 0.95 |
| on weeks employed |  |  | $-0.05(0.00)$ | 0.95 |

Poverty ( $\mathrm{t}>1$ )
on gender
on weeks employed

| $0.60(0.15)$ | 1.62 | $0.37(0.15)$ | 1.44 |
| :--- | :--- | :--- | :--- |
| $0.07(0.09)$ | 1.07 | $0.09(0.09)$ | 1.10 |
| $0.34(0.13)$ | 1.41 | $0.34(0.13)$ | 1.41 |
|  |  | $-0.02(0.00)$ | 0.99 |

$0.28(0.09) \quad 1.32 \quad 0.27(0.08) \quad 1.33$
-0.02 (0.00) 0.98

$$
\begin{array}{llll}
0.29(0.09) & 1.34 & 0.05(0.08) & 1.10 \\
& & -0.04(0.00) & 0.96
\end{array}
$$

## Poverty transitions conditional on

 age, gender and employment

## Health transitions conditional on age, gender and employment

## Time t

Time t-1
Good health
Poor health
Good Non poor

| 0.94 | 0.06 |
| :---: | :---: |
| $(0.01)$ | $(0.01)$ |
| 0.92 | 0.08 |
| $(0.02)$ | $(0.02)$ |
| 0.05 | 0.95 |
| $(0.01)$ | $(0.01)$ |
| 0.03 | 0.97 |
| $(0.01)$ | $(0.01)$ |

- The multiple process latent transition analysis found that
$\square$ Health and poverty were related crosssectionally, longitudinally and reciprocally
- Poverty was related to the stability of good health and declines in health
- Health was associated with the permanence of poverty and movement out of poverty.
$\square$ Adding weeks worked to the model reduced the cross-lagged effects to non-significance
- Health related transitions into poverty appear to operate through the inability of unhealthy individuals to remain in the labour market
- Poverty's causal role in health decline is confounded by employment status


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